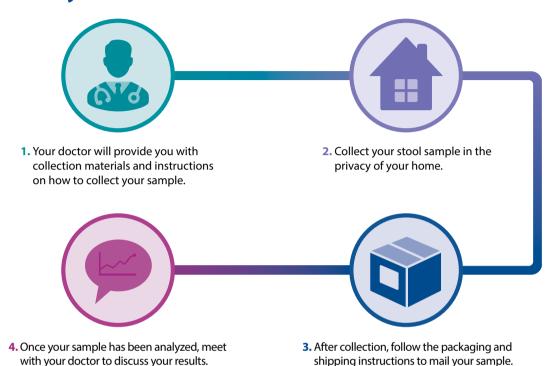
# How does **Gut-Well**™ Digestive Stool Analysis work?



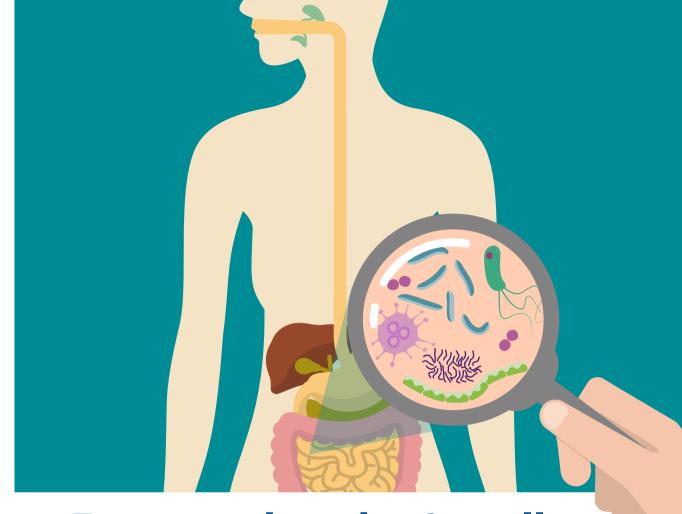
# Where can I find more information about **Gut-Well**™ Digestive Stool Analysis?



Get your gut tested. Ask your healthcare provider about **Gut-Well**™ today.







# Ever wonder what's really happening on the inside?

Are you suffering from diarrhea, constipation, bloating, gas, or indigestion?

Rocky Mountain Analytical® is now offering **Gut-Well™** Digestive Stool Analysis. This simple, non-invasive test can be completed from the comfort of your own home and will provide your healthcare provider with important details about your overall gut health.

A SIMPLE, NON-INVASIVE, AT-HOME TEST.





# Get in touch with your gut.

## Discover more about your digestive health with **Gut-Well**™

Many digestive problems have similar symptoms:







Gas and bloating

**Abdominal pain** 

Diarrhea







Heartburn

By themselves, these symptoms may not be enough for your doctor to find the cause of your GI problems. Getting a **better understanding** of your GI health can help.

**Gut-Well**™ Digestive Stool Analysis, from Rocky Mountain Analytical®, provides a **detailed view** of your gut health.

# What is **Gut-Well™** Digestive Stool Analysis?

**Gut-Well™** Digestive Stool Analysis gives information on your gut health, including possible causes for your symptoms, based on the analysis of one or more stool samples. The 4 main categories of **Gut-Well™** Digestive Stool Analysis are:



## **Digestion and Absorption**

The main role of the stomach and small intestine is to digest food and absorb nutrients. When you have problems with digestion, they can cause a number of common symptoms, such as abdominal pain, gas, and diarrhea. **Gut-Well™** Digestive Stool Analysis can help tell your doctor if your gut is properly digesting and absorbing nutrients.



#### **Inflammation and Immunology**

Gut inflammation could be a sign of problems involving your immune system. Gut-Well™ Digestive Stool Analysis looks for signs of inflammation and immune problems, which can help to identify or rule out:

- Inflammatory bowel disease (IBD)
- Food sensitivities
- · Imbalance in gut bacteria



#### **Pathogen Profile**

Your gut contains many different types of helpful bacteria. However, not all bacteria are helpful. Infectious bacteria can upset the helpful ones and cause disease. **Gut-Well™** Digestive Stool Analysis checks for the presence of infectious bacteria and parasites.



### **Gut Ecology**

Your gut is home to a number of bacteria that help your gut to digest food by breaking it down into specific by-products:

- Your bacteria digest high-fibre foods, like asparagus or beans, that your gut can't break down by itself to produce by-products that your body can use.
- If you are having problems digesting other foods that your gut normally digests by itself, like protein, your bacteria will help break them down into different by-products.

**Gut-Well**™ Digestive Stool Analysis looks for both kinds of by-products to see if your bacteria are helping you digest properly or if you have any digestive problems.

**Gut-Well**  $^{\text{m}}$  Digestive Stool Analysis provides you and your doctor with a clear picture of your gut.